

PATIENT JOURNEY through Cushing's syndrome

DISEASE AWARENESS

Cushing's syndrome presents 4:1 more commonly in women, with a mean age at diagnosis of 44 years¹



Presentation of symptoms to PCP

Symptoms can be **NON-Specific** which make it challenging to diagnose³ Common symptoms include:⁴

weight gain



a rare disease affecting 3.2 patients per million per year^{2,a}

fatigue hypertension diabetes easy bruising hirsutism

Presentation is variable and patients may exhibit a wide range of clinical manifestations



Referral to specialist

PCPs may not have come across many patients with Cushing's syndrome, therefore may investigate more common conditions before considering Cushing's syndrome³

Investigation will usually include referral to other specialists involved in the care of more common

conditions³

Presentation

of additional

effect on

HRQoL

Mis-diagnosis and unrelated treatment

3

Patients will undergo multiple visits to doctors as investigations continue³



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Treatment unrelated to Cushing's **Syndrome** is received³



Average number of doctors consulted 4^3

Average time to diagnosis is **3.8 years³**

Patients cycle through multiple rounds of referral to different specialists and subsequent treatment not targeting the source of Cushing's syndrome, which can allow additional symptoms to develop and greatly impacts HRQoL⁵

> **Referral back** to PCP

symptoms and As there is diagnostic delay, other clinical manifestations often arise⁵

Non-specific clinical manifestations often result in impaired HRQoL for patients⁵

Suspicion of Cushing's syndrome by PCP and referral to endocrinologist for screening

^aTrue incidence and prevalence rates for Cushing's syndrome in the United States are unknown. Estimated data are pooled rates based on a meta-analysis of global Cushing's syndrome epidemiology.

HRQoL, health-related quality of life; PCP, primary care physician.

1. Gadelha M, et al. *Lancet.* 2023;402:2237–2252; **2.** Wengander S, et al. *Clin Endocrinol.* 2019;91(2):263-270; **3.** Kreitschmann-Andermahr I, et al. Eur J Endocrinol. 2015;172:285-289; **4.** Pivonello R, et al. Endocr Rev. 2015;36:385-486; **5.** Pivonello R, et al. *Endocrine*. 2017;56:10-18.

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